

LAUREN SEABERG

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School Counselor

EDUCATION

Master of Science in School Counseling | Long Island University, C.W. Post Campus, NY | 2008

Bachelor of Science, Elementary Education | State University of New York at New Paltz, NY | 2006



PROFESSIONAL EXPERIENCE

School Counselor | Lower Primary School | Hong Kong International School (HKIS) | 2017 - present

Support the social and emotional development of lower school students in collaboration with all staff, parents and the school community

COUNSELING + SUPPORT SERVICES

- Facilitated individual and group counseling sessions
- Development and delivery of Character Education Program
- Committee member for implementing school-wide positive behavioral program
- Crisis Team and Child Protection Team member
- Collaborated on the Student Services Team (SST) to coordinate student support services
- Participated in admission process to review, screen and consult for Lower Primary student applicants
- Implemented Peer Mentor Program

WORKSHOPS FACILITATED

- Parent Workshops - *Friendship, Child Development, Screen Time, Parenting, Transitions, Book Clubs and more*
- Facilitated speakers for parent and staff sessions with Dr. Michael Thompson, Dr. Becky Kennedy and Dr. Chris O'Shaunnessey
- Faculty Workshops - *Social Emotional Learning Education, Instructional Assistant Training, Child Protection Training*

School Counselor | Lower Primary School | ACS Hillingdon International School, UK | 2011 - 2017

Support the social and emotional development of lower school students in collaboration with all staff, parents and the school community

COUNSELING + SUPPORT SERVICES

- Facilitated individual and small group counseling sessions
- Coordinated student led assemblies and school-wide positive behavior programs
- Development and delivery of Character Education Program
- Implemented Peer Mentor Program
- Developed and facilitated Student Ambassador Program
- Coordinated programs for families moving from lower to middle school and transitioning to/from ACS Hillingdon

WORKSHOPS FACILITATED

- Parent Workshops - *Supporting Your Third Culture Kid, Digital Citizenship in the Lower School, Transitioning to Middle School, The Ups and Downs of Friendship*
- Faculty Workshops - *Mindfulness, Child Protection Training, Supporting Your Transitioning Students*

***School Counselor* | Pre-K - Grade 5 | Jessie Mae Monroe Elementary School, USA | 2009-2011**

Coordinated school-wide student support services
Section 504 coordinator
Developed staff and student mentor program
Coached Girls on the Run, Character Education Program

***School Counselor* | Pre-K - Grade 5 | Griswold Elementary School, USA | 2008-2009**

Coordinated school-wide student support services
Section 504 coordinator
School-wide administrator of Connecticut Mastery Tests and National Assessment of Educational Progress Testing
Developed student mentor program

ORGANIZATIONS

International School Counselors Association
American School Counselors Association
North Carolina School Counselors Association
Chi Sigma Iota Honors Society
Kappa Delta Pi International Honors Society

PROFESSIONAL DEVELOPMENT + ACCOMPLISHMENTS

Co-presenter for FOCUS Expat Community | *Positive and Effective Communication* | London, UK
Presenter at ECIS Technology Conference | *Technology in the Lower School* | Cobham, UK
Digital Citizenship Workshop + Resources | <http://teachspace.hillingdon.info/parent-resources.html>
Designated Safeguarding Lead (Child Protection and Safeguarding), Crisis Management team member, First Aid Certified, Mindset and CPR Trained
Positive Behavioral Interventions and Support School Representative
Lead lower school Student Council in receiving the CIS International Student Award for four consecutive years
<http://www.cois.org/page.cfm?p=1833&newsid=407>
Published in FOCUS Magazine | *Relocating With Young Children* | UK
<http://www.relocatemagazine.com/articles/3098school-counsellors-column-celebrating-different-cultures>
Published in ACS Heads Blog:
'Stop, Breathe and Bel' An introduction to mindfulness at ACS Hillingdon
<http://headsblog.acs-schools.com/index.php/author/lauren-seaberg/>
Third Culture Kids
<http://headsblog.acs-schools.com/index.php/third-culture-kids-tcks/>
Documentaries on Third Culture Kids:
<https://vimeo.com/87007785>
<https://vimeo.com/61748344>

REFERENCES

References available upon request